



Ask a dementia question!

My elderly neighbour recently came to my door to ask for food. She told me that she cannot afford to buy her groceries because her son needed to borrow money. She has always been a good neighbour but lately I have noticed that her yard is no longer kept up and she appears to be less clean. I am concerned that she seems confused and I wonder **what I can do?**

Answer: It's difficult to observe family, friends, and neighbours become frail as they age; that frailty is accompanied by increased vulnerability. The dilemma is how to support that person, without becoming imposing and intrusive, and knowing where to seek help/assistance.

There are a few issues from the above scenario. The elderly neighbour:

1. Is showing signs of confusion
2. Has changes to personal appearance and deteriorating home conditions
3. Alleges her son borrowed money from her and as a result, is not able to buy food

As we are unsure of the facts, we are unsure if:

1. The elderly neighbour is confused, and misplaced her money and believes her son borrowed it
2. The son borrowed money and is unaware his Mom had no financial means to purchase groceries
3. This is financial abuse

“Elder Abuse is any action, or deliberate inaction, by a person in position of trust which causes harm to an older person. The abuser can be a spouse, child, family member, friend or paid caregiver.” - World Health Organization, 2002

What can be done:

An anonymous referral can be made to **Crime Stoppers: 1-800-222-8477**, where anonymity is guaranteed; this tip will be directed to the Niagara Regional Police for follow-up, or an anonymous referral can be made to the **Niagara Gatekeeper's Line: 905-684-0968** for follow-up by Niagara Region, Seniors' Community Programs, or for further discussion, contact the **Alzheimer Society of Niagara Region: 905-687-3914** and speak to our in house Elder Abuse consultant.

Email your question to info@alzheimerniagara.ca

Unique Role of Male Caregiving

June is National Men's Health Month. The picture of caregiving has been changing in the last decade. Many families are caring for loved ones from a distance, while some hold full time jobs and have to balance work and caregiving roles. With this changing picture women are no longer the primary partners in care.

In 2012 Statistics Canada estimated that almost half of Canada's caregivers were men. The result is that many more men will be taking care of their spouses as they age.

Spouses have different challenges to caregiving sons, brothers, fathers and grandsons. Husbands are more likely to be the sole care provider for their spouses. Men caring for their spouses also tend to provide more personal care and carry the grief of knowing they are losing companionship.

Sons who care for aging parents may encounter a different set of problems. For example, providing hands-on personal care (e.g. bathing, grooming, & dressing) can be an uncomfortable task, especially if you are looking after your mother. Switching roles with your parents and becoming their care provider can be very challenging.

- Adapted from

www.caregiversolutions.ca/caregiving/caregiving-advice/

The Alzheimer Society of Niagara Region is introducing a peer-led Men's Support & Social Group. Participants will gather monthly for a social outing and a chance to connect with their peers. For information about the upcoming dates and venues please contact the office at 905-687-3914 or check out our website at www.alzheimerniagara.ca



Who was Peter Saracino?



The Alzheimer Golf Classic was named after him in 2008 but some of you may not know who he was or why the Alzheimer Society decided to dedicate this tournament in Peter's name.

One of the things Peter is best known for is the inauguration of the Alzheimer Foundation. In 2003, Peter joined the Alzheimer Society as CEO, and was committed and passionate about this cause until his death in November 2007. Peter was a mountain of a man, both in size and spirit. His imposing size juxtaposed his kind and charitable compartment, dedicating his entire professional life to the not-for-profit sector. He worked in a variety of Group Homes and with organizations such as Big Brothers and Big Sisters of Niagara, the Multiple Sclerosis Society, and of course where he found his home at the Alzheimer Society.

Peter was an exceptional athlete, particularly gifted in basketball. He was a starting centre for Notre Dame high school and was the recipient of many awards. After high school, Peter went to Western University where he received his Bachelor of Arts in Sociology. He later went on to receive a Masters Degree. While at Western, he met the love of his life, Beverly. Together they were responsible for two amazing children, Anthony and Gillian. The only thing that rivaled Peter's passion for his dedication to the Alzheimer Society was the love of his family. He was a supportive, loving husband, a caring and giving father, and an incredible big brother. Peter lived life fully and left his family, his friends, his charities and the Alzheimer Society that much better of a place when he said good-bye.

In the fall of 2007, the Alzheimer Society announced their intent to change the name of the golf tournament to Peter Saracino, because of his unwavering dedication to the cause. Peter was humbled and honoured by this tribute and though he wasn't here to participate in the first Peter Saracino Alzheimer Golf Classic, he has miraculously delivered great weather for the tournament year after year.

- Written by Shari Saracino

Sponsor Highlight

The Alzheimer Society Niagara Region would be UNABLE to provide our Programs and Services without the generous partnerships of our Local Business Community. This month we focus on:

TITLE SPONSOR

WMKL WORMALD MASSE KEEN LOPINSKI LLP
CHARTERED PROFESSIONAL ACCOUNTANTS AND BUSINESS ADVISORS

This year marks Wormald Masse Keen Lopinski LLP's 13th year as title sponsor of The Peter Saracino Alzheimer Golf Classic, which will be held on June 5th at Pen Lakes. Wormald Masse Keen Lopinski LLP is an established accounting office with over 40 years of history originating in St. Catharines.

By supporting the Alzheimer Society, WMKL is happy to be instrumental in advocating for people. Memory loss and behavior changes in our loved ones with Alzheimer's Disease is not easy to watch or understand.

In the ever-changing business environment, WMKL's goal is to be the one constant that clients can trust and rely upon to provide the business, financial and advisory services they need at an outstanding value. At WMKL, knowledgeable and experienced staff are committed to providing excellence in delivering services such as Bookkeeping, Business Advisory, Estate and Retirement, Taxation and more to all sectors of the economy including retail, manufacturing, service, professional, agribusiness, construction, and not for profit.

Other Major Golf Sponsors:

- Cooper Wealth Management
- Portage Mutual Insurance
- Impero Construction



Are you ready to golf?
Mark your calendar!

WED 2019
JUNE 5

Peninsula Lakes Golf & Country Club
569 Highway 20 West, Fenwick, ON

Lunch 11:00 am | Shotgun start 12:00 pm

PLEASE CALL CASSANDRA TO REGISTER

905-687-6856 EXT. 556

cbest@alzheimerniagara.ca

Register online: www.alzheimerniagara.ca/golf





Friendly Visiting Volunteers Needed!

Our Friendly Visiting volunteers are people who are willing to share one hour a week of their time to make a difference in the life of an individual who has been diagnosed with dementia. This is a very rewarding experience for both the volunteer and our clients. Friendly Visitors increase client involvement in meaningful activities and also help to decrease social isolation of individuals living with dementia in our community. Volunteering is flexible as the visits take place in the client's home at a mutually agreed upon time between the client, caregiver and volunteer. Some examples of meaningful activities during your visit may include walking, reading, playing cards, conversation, gardening or some other mutually agreed upon activity important to the client.

If you are interested in helping to make a difference to someone living with dementia in our community, please let us know by contacting Christine, Coordinator of Volunteer Programs at 905-687-6856 x 544, churtubise@alzheimerniagara.ca or [click here](#) for the



Volunteer Application Form

What's Happening in June

- **Minds in Motion**
May 29 - July 17
St. Catharines YMCA @ 1:30pm
- **Francophone Brain Wave Café**
June 4 & 18 @ 1:30pm
Résidence Richelieu Inc.
649, avenue, Tanguay, Welland
- **Welland Support Group**
June 4 @ 1:30pm
Welland Community Wellness
Complex, 145 Lincoln St.
- **Next Steps & Care Essentials**
Tuesdays, June 4, 11, 18 & 25
1:00 – 3:00pm
Bridges Community Health Centre
1485 Garrison Rd., Fort Erie
- **Niagara Falls Brain Wave Café**
June 5 & 19 @ 1:30pm
St. John Anglican Church
3428 Portage Rd., Niagara Falls
- **Fort Erie Support Group**
June 6 @ 1:00pm
Garrison Place, 373 Garrison Rd.
- **Next Steps & Care Essentials**
Thursdays, June 6, 13, 20 & 27
6:00 – 8:00pm
Niagara Falls Public Library,
Victoria Branch
4848 Victoria Ave., Niagara Falls
- **Grimsby Brain Wave Café**
June 6 & 20 @ 1:30pm
Mountainview Christian Reformed Church
290 Main St. E., Grimsby
- **Niagara Falls Support Group**
June 10 @ 6:00pm
Drummond Hill Presbyterian Church
6136 Lundy's Lane
- **Welland Brain Wave Café**
June 11 & 25 @ 1:30pm
Community Goodwill Centre
1 Churchill Ave., Welland
- **St. Catharines Brain Wave Café**
June 11 & 25 @ 1:30pm
Royal Canadian Legion
2 Chestnut St., St. Catharines
- **Men's Support & Social Group**
June 11, 2019 @ 10am
JJ's on the Docks Eatery,
15 Lake St., Grimsby
- **Navigating Your Journey**
June 12 @ 10:00am
Alzheimer Society of Niagara Region
#1 - 403 Ontario St., St. Catharines
- **St. Catharines Support Group**
June 17 @ 1:30pm
Alzheimer Society of Niagara Region
#1 - 403 Ontario St.
- **Annual General Meeting**
June 18, 2019 @ 6:30pm
Niagara Ina Grafton Gage Village
413 Linwell Rd., St. Catharines
- **Connections First**
June 24 @ 1:00pm
Alzheimer Society of Niagara Region
#1 - 403 Ontario St., St. Catharines
- **Art Expressions**
June 26 @ 1:00pm
Alzheimer Society of Niagara Region
#1 - 403 Ontario St., St. Catharines
- **Ridgeway Brain Wave Café**
June 26 @ 1:30pm
All Saints Anglican Church
149 South Mill St., Ridgeway



Fund Development



Great Canadian GIVING CHALLENGE

How it works:

Every \$1 donated to the Alzheimer Society of Niagara Region through the Great Canadian Giving Challenge in June earns a chance to win a \$10,000 donation to the Society. To make a donation, please visit:

www.alzheimerniagara.ca/donate

Every \$1 counts!

Seniors Day Trade Show & Forum

Join us!

MONDAY
JUNE 10 at

Dunlop Drive
Older Adult Centre
80 Dunlop Drive, St Catharines

Forum

9 a.m.

The Forum will feature a presentation by Mayor Walter Sendzik and a discussion about the issues important to older adults

Seniors Day Trade Show

10 a.m. to 2 p.m.



Visit www.stcatharines.ca/SeniorsDay or call 905.688.5600 for more information
Free bus transportation for attendees 65+, courtesy of St. Catharines Transit

ST. CATHARINES RECORD SHOW

SUNDAY, JUNE 2nd 2019

10:30AM to 4:00PM ADMISSION \$4



\$1 Charity Tables

All proceeds to Alzheimer's Society Niagara.
Remember Music & Memory go Together

HOLIDAY INN CONVENTION CTR.
327 ONTARIO ST., ST. CATHARINES
Like us on Facebook

Recordshow.ca • www.extravaganza@cogeco.ca • 905 650-9459

Matthew Moretto

Memorial Charity Run

Saturday, June 22nd 2019

For more info
<https://www.facebook.com/groups/306081586223615/>

a dance to Remember ALZHEIMER'S BENEFIT

Société Alzheimer Society NIAGARA REGION

June 28 6pm-9pm
Fonthill Royal Canadian Legion

Tickets \$20 + fees
Available on Eventbrite

Dance. Snacks. Refreshments. Silent Auction.

BOGGIO Family of Pharmacists ROSE HILL LANE PREMIUM PERSONAL CARE

AN INVITATION TO ATTEND THE FOSTER FESTIVAL'S PRODUCTION OF "THE WRITER" by Norm Foster

The Foster Festival is offering a 20% discount on tickets purchased for our World Premiere of "The Writer" for members of The Alzheimer Society of Niagara Region. The Foster Festival will also donate 5% of the ticket proceeds for the June 28th 8PM performance to the Alzheimer Society of Niagara Region with Meridian Credit Union matching that donation. Following the July 19th 2PM and the June 28th 8PM performances we will have an ASNR representative join the actors in a post-show talkback as part of the conversation with our audiences.

Performance Dates: June 19 – July 5, Matinee performances at 2PM, Evening performances at 8PM
To book your ASN 20% discount online, by phone or in person, use **DISCOUNT CODE: FOSALZ19**
Call 905-688-0722 or 1-855-515-0722, Online: www.fosterfestival.com

